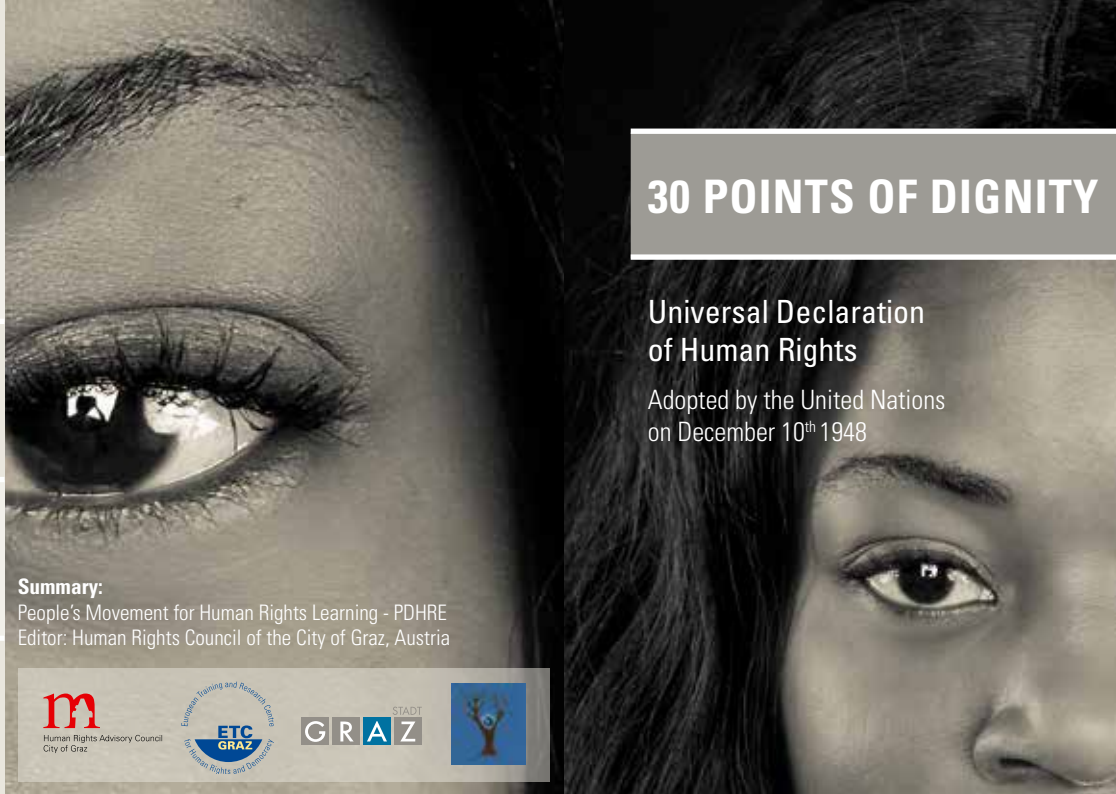


Article 7	Everyone is equal before the law and has the human right to equal protection of the law.
Article 8	Everyone has the human right to a remedy if their human rights are violated.
Article 9	No one shall be arrested, detained, or exiled arbitrarily.
Article 10	Everyone has the human right to a fair trial.
Article 11	Everyone has the human right to be presumed innocent until proven guilty.



## 30 POINTS OF DIGNITY

### Universal Declaration of Human Rights

Adopted by the United Nations on December 10<sup>th</sup> 1948

**Summary:**  
 People's Movement for Human Rights Learning - PDHRE  
 Editor: Human Rights Council of the City of Graz, Austria

Article 1	All human beings are born free and equal.
Article 2	Everyone is entitled to the same human rights without discrimination of any kind.
Article 3	Everyone has the human right to life, liberty, and security.
Article 4	No one shall be held in slavery or servitude.
Article 5	No one shall be subjected to torture or cruel, inhuman or degrading treatment or punishment.
Article 6	Everyone has the human right to be recognized everywhere as a person before the law.

Article 12	Everyone has the human right to privacy and family life.	Article 17	Everyone has the human right to own property.	Article 22	Everyone has the human right to social security and to the realization of the economic, social and cultural rights indispensable for dignity.	Article 26	Everyone has the human right to education including free and compulsory elementary education and human rights education.
Article 13	Everyone has the human right to freedom of movement and residence within the state, to leave any country and to return to one's country.	Article 18	Everyone has the human right to freedom of thought, conscience and religion.	Article 23	Everyone has the human right to work, to just conditions of work, to protection against unemployment, to equal pay for equal work, to sufficient pay to ensure a dignified existence for one's self and one's family, and the human right to join a trade union.	Article 27	Everyone has the human right to participate freely in the cultural life and to share in scientific progress, as well as to protection of their artistic, literary or scientific creations.
Article 14	Everyone has the human right to seek asylum from persecution.	Article 19	Everyone has the human right to freedom of opinion and expression.	Article 24	Everyone has the human right to rest and leisure.	Article 28	Everyone is entitled to a social and international order in which these rights can be fully realized.
Article 15	Everyone has the human right to a nationality.	Article 20	Everyone has the human right to peaceful assembly and association.	Article 25	Everyone has the human right to a standard of living adequate for health and well-being, including food, clothing, housing, medical care and necessary social services.	Article 29	Everyone has duties to the community.
Article 16	All adults have the human right to marry and found a family. Women and men have equal human rights to marry, within marriage, and at its dissolution.	Article 21	Everyone has the human right to take part in government of one's country directly or through free and fair elections and access to the public service			Article 30	None of the human rights in this Declaration can be used to justify violating another human right.